

# BASEBALL - 2011 Spring Workouts and Assessments

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## Rallycap:

### Workouts:

Saturday Mar 12, 2011	11:30am to 12:45pm	Southdale Recreation Centre - Gym/Hall
Saturday Mar 26, 2011	11:30am to 12:45pm	Southdale Recreation Centre - Gym/Hall
Saturday Apr 16, 2011	11:30am to 12:45pm	Southdale Recreation Centre - Gym/Hall
Saturday Apr 23, 2011	11:30am to 12:45pm	<b>Glenwood Community Centre - Arena</b>

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## Rookie:

### Workouts:

Saturday Mar 12, 2011	12:45pm to 2:00pm	Southdale Recreation Centre - Gym/Hall
Saturday Mar 26, 2011	12:45pm to 2:00pm	Southdale Recreation Centre - Gym/Hall
Saturday Apr 16, 2011	12:45pm to 2:00pm	Southdale Recreation Centre - Gym/Hall
Saturday Apr 23, 2011	12:45pm to 2:00pm	<b>Glenwood Community Centre - Arena</b>

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## Mosquito:

### Workouts:

Sunday Feb 13, 2011	1:30pm to 3:00pm	Southdale Recreation Centre - Gym/Hall
Sunday Feb 20, 2011	1:30pm to 3:00pm	Southdale Recreation Centre - Gym/Hall
Sunday Feb 27, 2011	1:30pm to 3:00pm	Southdale Recreation Centre - Gym/Hall
Sunday Mar 6, 2011	1:30pm to 3:00pm	Southdale Recreation Centre - Gym/Hall
Sunday Mar 13, 2011	1:30pm to 3:00pm	Southdale Recreation Centre - Gym/Hall
Sunday Mar 20, 2011	1:30pm to 3:00pm	Southdale Recreation Centre - Gym/Hall
Sunday Mar 27, 2011	1:30pm to 3:00pm	Southdale Recreation Centre - Gym/Hall
Sunday April 3rd, 2011	1:30pm to 3:00pm	Southdale Recreation Centre - Gym/Hall

### Assessments A & AA:

Sunday April 10th, 2011	12:30pm to 2:00pm	Glenwood Community Centre - Arena
Saturday April 16th, 2011	12:30pm to 2:00pm	Glenwood Community Centre - Arena

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## Peewee:

### Workouts:

Sunday Feb 13, 2011	12:00pm to 1:30pm	Southdale Recreation Centre - Gym/Hall
Sunday Feb 20, 2011	12:00pm to 1:30pm	Southdale Recreation Centre - Gym/Hall
Sunday Feb 27, 2011	12:00pm to 1:30pm	Southdale Recreation Centre - Gym/Hall
Sunday Mar 6, 2011	12:00pm to 1:30pm	Southdale Recreation Centre - Gym/Hall
Sunday Mar 13, 2011	12:00pm to 1:30pm	Southdale Recreation Centre - Gym/Hall
Sunday Mar 20, 2011	12:00pm to 1:30pm	Southdale Recreation Centre - Gym/Hall
Sunday Mar 27, 2011	12:00pm to 1:30pm	Southdale Recreation Centre - Gym/Hall
Sunday April 3rd, 2011	12:00pm to 1:30pm	Southdale Recreation Centre - Gym/Hall

### Assessments A & AA:

*(For AAA Tryouts, see bottom of page 2)*

Sunday April 10th, 2011	11:00am to 12:30pm	Glenwood Community Centre - Arena
Saturday April 16th, 2011	11:00am to 12:30pm	Glenwood Community Centre - Arena

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## Bantam:

### Workouts:

Friday Feb 11, 2011	7:30pm to 9:00pm	Van Belleghem School - Gym
Friday Feb 18, 2011	7:30pm to 9:00pm	Van Belleghem School - Gym
Friday Feb 25, 2011	7:30pm to 9:00pm	Van Belleghem School - Gym
Friday Mar 4, 2011	7:30pm to 9:00pm	Van Belleghem School - Gym
Friday Mar 11, 2011	7:30pm to 9:00pm	Van Belleghem School - Gym
Friday Mar 18, 2011	7:30pm to 9:00pm	Van Belleghem School - Gym
Friday Mar 25, 2011	7:30pm to 9:00pm	Van Belleghem School - Gym

*More dates to be announced soon*

### Assessments A & AA:

*(For AAA Tryouts, see bottom of page 2)*

TBD - You will be contacted by email or phone

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## Midget and Junior:

### Workouts:

Thursday Feb 10, 2011	9:00pm to 10:00pm	Niakwa School - Gym
Thursday Feb 17, 2011	9:00pm to 10:00pm	Niakwa School - Gym
Thursday Feb 24, 2011	9:00pm to 10:00pm	Niakwa School - Gym
Thursday Mar 3, 2011	9:00pm to 10:00pm	Niakwa School - Gym
Thursday Mar 10, 2011	9:00pm to 10:00pm	Niakwa School - Gym
Thursday Mar 17, 2011	9:00pm to 10:00pm	Niakwa School - Gym
Thursday Mar 24, 2011	9:00pm to 10:00pm	Niakwa School - Gym

*More dates to be announced soon*

### Assessments A & AA:

*(For AAA Tryouts, see bottom of page 2)*

TBD - You will be contacted by email or phone

**\*\* For further details on the Workouts and Assessments, visit the SRA website at:**  
[http://www.southdale.mb.ca/sports/spring\\_baseball.php](http://www.southdale.mb.ca/sports/spring_baseball.php)

**Southdale Baseball**



## **AAA Black Sox** (Divisional Team)

Tryouts conducted by Boni-Vital Minor Baseball

All age groups assessed at the same time - **Pee Wee, Bantam, Midget, Junior**

Location: Winnipeg Indoor Soccer Complex - 211 Chancellor Matheson Road

Tue April 5 7:00p to 9:00p

Thu April 7 5:30p to 7:30p

Sat April 9 7:15p to 9:15p